



# Cuttings



## The newsletter of the Rotary Club of Cheam September 2006

### From The Editor:

After a break of a few months we bring you Cuttings again. The plan is to produce it every two months, but this will only be possible if you the target audience are willing to provide material that will be of interest to your fellow Rotarians. In future we will ask someone who attends an event to produce a short write up to both inform those who did not attend and give their own slant on what took part. We are now 3 months in to the Rotary Year and the year got off to a good start with the new President's Coming in Party. Not wishing to steal any of the president's thunder I will only mention the cabaret. A fine patriotic posing pouch presented very well.



Thanks are due to all who have contributed to this issue of Cuttings, particularly Edward for his Jersey Jottings.

### President's Notes:



My first three months seem to have passed very quickly. Following my induction on July 4<sup>th</sup>, I was very encouraged by all your support and particularly Fintan's kind words.

The barbecue which Fintan and Liz very kindly hosted went off very well. Many thanks are due to all those who made salads and delicious puds. Unexpectedly, the day raised about £430 which will go to a community charity.

On July 11<sup>th</sup> we had a visit from David Whindle, district governor, and an excellent 100 per cent attendance. I think he was very impressed.

Ten of us spent a pleasant evening at Epsom Races including a concert by the Blues Brothers. Several of us were lucky to have wins on horses with good odds so came out of the evening in profit. Shirley enjoyed herself but was rather reticent about her winnings. Maybe she made a killing!

There were no social activities planned for August as a number of people are away. But our club meeting on August 29<sup>th</sup> was a partners/family meeting, where the speaker talked about district conference. During August we had a visitor from South Africa who talked to us about his

club's international project and auctioned a bottle of wine. We hope to see him again before he returns to Cape Town.

George Hatley came to talk to the club on August 22<sup>nd</sup> about district international committee. He is now a member of Carshalton Rotary Club. We have not had an area presidents meeting in August, but Mike is arranged one for end August/beginning September.

Finally after overcoming various computer glitches Ron gave us a presentation in September about our International activities.

We also had a very pleasant Sunday lunch attended by 22 of us at Haweli in Belmont on 10<sup>th</sup> September. The excess from the levied price for the meal (£25) was put towards the fund-raising for our Botswana Project.

### Jill Whitlock

### International Activities:



All finances are now in place for our project in India, and once Rotary Foundation have transferred the money into the project account then the project can commence. The project is for a school on the outskirts of Chennai (formerly Madras) and is for a school for disadvantaged children in the countryside outside of the city. We are working with the Rotary Club of Madras T Nagar. The project will provide toilet facilities for boys and girls, health education for the girls and the basic materials for a school library.

Having completed the fund raising for the Indian project, we turned our minds to what we could do next. Our Committee decided that key criteria for choosing new project should be; based in Africa, involving children, AIDS related and working with a Rotary Club with which we had some existing contact. We have found a project which meets these criteria. We will work with the Rotary Club of

Selibe Phikwe and will be applying for a Matching Grant. The plan is to establish a centre in Serule (Botswana) that will give community support for Orphans and Vulnerable Children (OVC), out-of-school youth of all categories and economically disadvantaged and People Living with HIV/AIDS.

The village of Serule has a population of 2268, 303 of whom are orphans. The number of orphans in the greater Selebi Phikwe area (which includes Serule) is 5356. Many of these are orphaned because of HIV/AIDS. Fund raising has already started for this project.

We continue to purchase and fill Aqua Boxes, and during September Hatim filled and despatched three and has another two on order.

### Ron Daniels

### Sports Report



The following teams are entered into this year's District Sports Competitions:

#### Badminton

*Team A* Stephen Cunningham and A.N. Other

#### Bridge

*Team A* Alan Lewis and Hatim Hatimi  
*Team B* Ron Daniels and Jean Fox

#### Darts

*Team A* Alan Lewis, Alec Thomas, Geoff Coupe and John Hazilden  
*Team B* Stephen Cunningham, Ron Daniels, Julian Bridge and Peter Thomas  
*Team C* Jean Fox, Howard Smith, Fintan O'Toole and Chris Long

#### Cribbage

*Team A* Ron Daniels and Mike Hurley

#### Dominos

*Team A* Ron Daniels and Mike Hurley

*Team B* Jean Fox and Peter Heywood

### **Snooker**

*Team A* Marcel Markan and Stephen Cunningham

*Team B* Fintan O'Toole and Ron Daniels

As soon as we have details of the fixtures they will be distributed. An entry fee of £1 per entrant is due.

## **Steve Cunningham**

### **The return of Chez Sumo**



**pasta con sarde**  
*pasta with sardines*

#### **olive oil**

**1 large bulb of fennel, trimmed and finely chopped, hereby tops reserved**  
**2 small onions, finely chopped**  
**1 heaped teaspoon fennel seeds, crushed**  
**2 or 3 small chillies, finely chopped**  
**600g sardines, scaled, gutted and filleted**  
**70g pinenuts**  
**20g raisins**  
**a wineglass of white wine**  
**sea salt and freshly ground black pepper**  
**extra virgin olive oil**  
**445g dried bucatini, spaghetti or linguine**  
**1 or 2 lemons, zested and juiced**

Put 6 tablespoons of olive oil into a pan and place on the heat. Add the fennel, onions, fennel seeds and chilli and cook really gently with the lid slightly ajar, for about 20 minutes without colouring the vegetables too much. You should caramelize the fennel and onions so that the flavours are fantastic. Add half the sardines, the pinenuts and the raisins and stir together well. Continue cooking slowly for a further 10 minutes with the lid off, stirring and mashing up every now and again, until the sardines have fallen apart giving you a rich base.

Add the white wine and a glass of water and cook until the liquid has reduced by half, then turn down to a very slow simmer. Season to taste, lay the rest of the sardine fillets skin side up on top of the sauce, side by side, and drizzle with a little extra virgin olive oil. At this point put on the lid again and turn the heat to low so that the sardine fillets, which are thin anyway, will cook in the time it takes to cook the pasta – 7 to 10 minutes. Don't touch the sauce any more; don't mix it up, just let it continue cooking. Get your pasta on and cook according to the instructions on the packet. When it is cooked al dente, drain and mix it into the sauce, drizzling in a little extra virgin olive oil, a good squeeze of lemon juice and some finely chopped fresh fennel tops.

Divide on to 4 plates, twizzling the pasta with your tongs as you do so, making sure you get some nice dense sauce on top. Sprinkle with some more fennel tops and some lemon zest. Serve immediately with a nice Sicilian white wine.

## **Jersey Jottings:**



Since 8<sup>th</sup> May I have been just an ordinary citizen again but life in Jersey has been very busy.

Shopmobility started in March 2005 with 10 scooters, 2 power chairs and 6 manual chairs. We now have 31 scooters, 4 power chairs, 14 manual chairs, 2 quad-walkers and one tri-walker. Since opening there have been over 700 different users in town alone with about 300 at the Zoo. The latest adventure is that the BBC has used one of our scooters to film much of the route of the Jersey Marathon to be run in the Autumn in air of Headway.

Pam and I have been very busy with the shop at Fort Regent but we have now employed more staff and hope only to do the administration such as VAT returns, Social Security payments, staff tax and ordering new stock. This last is at least 2 large orders each week.

Jersey runs on lots of honorary posts such as many of the police, roads inspectors and rates assessors. I am now one of the latter. We are responsible for making sure that the rating assessments on all the properties in town are fair and in line with other similar properties in the Island. They were fixed in 2003 and only change if the "attributes" have altered to make a difference of more than 10% or 500 quarters, whichever is the greater. Quarters are really pounds but as they have left the idea of using rents they invented attributes and quarters. In St Helier there are 12 rates assessors and we are split as to 3 for non-domestic and 9 for domestic. I am the only one who does both and am nominally chairman of the non-domestic side. We have had a problem with the pubs so I have revalued all 70 in town and I don't drink!

Pamela's daughter, Joanna, had a boy 4 weeks early in March and he is growing very quickly. I have said that as I have never changed a nappy I don't intend to start now and all accept it.

Rotary Club de la Manche is responsible for organising a walk around the Island, the Ilex Walk. There are currently 1157 entries and I am responsible for the organisation at the start. I have to be at the ferry terminal at midnight to organise the registering of the walkers beginning at 1am for a 3 am start. All that is fine but I have to be at Shopmobility by 9.30 am and run that for the day! Perhaps not much sleep on Friday night.

We had two new members a couple of weeks ago and we hope that they are not in league, one is a doctor at the hospital and the other an undertaker!! I have been asked to give a talk to both the RC of Jersey and DLM about life as an elected member in the UK. It will be somewhat different to that at Cheam as they won't know any of the personalities.

Our weather has been similar to that in the UK, rain and sun: where it has been different is that we were isolated over the last bank holiday by high winds and

stormy seas. I had to find hotels for people meant to go home and where the successors had come in by air. The previous bank holiday we had FOG and for 4 days the airport was a shambles with masses of people waiting for the weather to clear. Lots didn't bother and cancelled their holidays off the Rock, as they say.

If you read this before you go on holiday have a super time and hopefully the weather will be kind.

All the best in Rotary from

## **Pam and Edward.**

### **Member Services:**



### **Speakers:**

We've made a good start to the 2006/7 Year with a couple of memorable events and some interesting speakers at Club meetings – including the Assistant Manager of Waterstones in Sutton, a very informative and lively talk by Marcel on the future of the Epsom and St Helier NHS Trust and a talk from our Mayor.

We look forward to welcoming Helen Rees, one of our honorary members (and a former BBC Weather Presenter) who is speaking to us at the end of September. In October, our Speakers will include Paul Martin, Chief Executive of the London Borough of Sutton.

### **Events:**

In July a few risk taking members went to Epsom Races for an evening meeting where some won and some lost! Overall it was a very enjoyable evening.

On September 10<sup>th</sup>, many members and their wives/partners had a very enjoyable Sunday buffet lunch at the Haweli in Belmont. The restaurant was been very generous in supporting Cheam Village Fair and it is good to return their goodwill. The restaurant has recently been refurbished and is a pleasant location for an Indian meal with very good service.

We have a full programme of events planned for the rest of the year including a theatre trip to see *Evita* on the afternoon of Saturday 11 November and the Christmas meal (organised by Fintan) on Wednesday 20 December at Cheam Sports Club, Peaches Close. We will be running most of these jointly with the International and Foundation Committee to raise money for our Foundation Project in Botswana. Ron gave us a very interesting and informative talk about this at our last meeting.

### Club Calendar 2006/7

The Club Calendar for the remainder of the Year appears at the end of this edition of "Cuttings".

### Membership:

On the membership front, we are having the same problems as many other clubs in recruiting new members and unfortunately we have not yet managed to get any new members this year. We've had a few leads - including the lady Fintan met on a train who said she would come along to a meeting after I spoke to her but she didn't turn up. It's also disappointing that we weren't able to get Dr Mary Clarke from the hospital to become a member. Alan L and I walked the streets of Cheam Village in early August to deliver leaflets to most of the shops. We had an interesting day and some enjoyable chats to the local proprietors - but so far we have not had any follow up inquiries from this. We had the set lunch in the Chinese Dragon restaurant but unfortunately the manager was not in and we do need to talk to her about whether she is interested in joining us. Increasing membership is a challenge for us all and we have Peter Kleyn from RC Woking coming to speak to us in November about the approach his club took to increasing membership. The most likely route for getting new members is probably by inviting our own contacts to a meeting. We are also planning to talk to the business networking group that also meets at the Holiday Inn.

### Cheam Representation on new Sutton 6 "M&M" Group

I have become a member of the new Sutton 6 Marketing and Membership Group together with John Kemp from Sutton Nonsuch and Peter Morley from Sutton. Our first task is to design a joint leaflet for the Sutton 6 which we are going to ask all 6 Clubs to contribute to. We've drafted a note for all the Sutton Presidents about this which we've asked Mike Thorn to send out and we'll be presenting the leaflet to the next full Sutton 6 Meeting on 9<sup>th</sup> October. We feel that there will be real benefits to all 6 Clubs from this and working more closely together in the drive for new members and "marketing" Rotary in Sutton more effectively. We hope all the clubs (including our own) will support this initiative.

### Peter Thomas

Thank you:



It's always nice to know how much our efforts are appreciated



A very appreciative letter received from Mercy ships thanking us for the cheque for £2,600 that we sent to them. This has been designated to the RIBI Ophthalmic Operating Theatre on their new ship *Africa Mercy*. Giving from Rotary to this project has now reached more than £622,000 since July 2005. Well done everyone.