



Cuttings

April 2005

The Magazine of Cheam Rotary Club



Celebrating our 10th Birthday as a Breakfast Club

MERCY SHIPS : A PROJECT FOR NEXT ROTARY YEAR?



At the recent Eastbourne conference a number of our members were impressed with the Charity Mercy Ships. So I have included some news of their activities.

Mercy Ships, a global charity, has operated a growing fleet of hospital ships in developing nations since 1978. Following the example of Jesus, Mercy Ships brings hope and healing to the poor, mobilizing people and resources worldwide, and serving all people without regard for race, gender or religion. Our goal is to serve

one million people a year.

One of the reasons Mercy Ships accomplishes so much is because career and short-term volunteers raise their own support and pay crew fees to serve. 850 career staff and over 1600 short-term volunteers from over 40 nations join together to serve the poor and needy.

Mercy Ships follows the 2,000 year-old model of Jesus: the blind see, the lame walk, the mute speak, and Good News (the nature and character of a loving God) is proclaimed and demonstrated among the poor.

Mercy Ships Offers Cleft Lip Children New Life at Easter

Volunteer surgeons provide free operations onboard floating hospital in West Africa

March 23, 2005 – Tens of thousands of children are born with cleft lips and cleft palates every year. It is a genetic problem that can be easily repaired in the developed world. But in West Africa, even the most basic medical services are often hard to come by. Without the specialized medical care provided by Mercy Ships, a cleft lip or cleft palate may very well be a life-long burden.

“Back home, people that are born with a cleft lip get it fixed pretty much straight away or not long after they’re born,” says Mercy Ships Surgical Ward Supervisor Marty Wingrave. “But here, either the surgery’s not available, or the people just can’t afford to have the surgery done because it is so expensive. And when people are only just earning enough money to survive, they don’t have extra money to pay the high hospital fees and surgeon’s fees.”



Narcisse before surgery

During a just completed four month visit to the West African nation of Benin, the Mercy Ship *Anastasis* provided free medical care to thousands, including 45 cleft lip and 24 palate reconstructions.

One of the patients treated was five-year-old Narcisse. Even at his young age, Narcisse knew he was different from most little boys. His cleft lip made it difficult for him to speak, and he became very shy.

When a Mercy Ship arrived in port last fall, Narcisse's mother took him to medical screening where he was examined and then scheduled for a free onboard surgery. The short, simple procedure was a success and Narcisse returned home within a few days.

Children with deformities like a cleft lip are often ostracized by their village communities and sometimes even by family members.

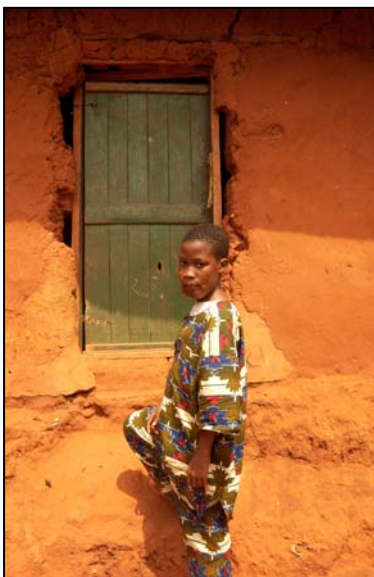
As the child matures a speech impediment makes the deformity even more obvious. It's a bleak future that ten month old Aichatou will no longer need to face, having also received a Mercy Ships operation.



Thumbs up for mercy ships

Speaking of Aichatou's case, *Anastasis* Chief of Surgery Dr. Gary Parker noted

"By closing the palate, it means that her speech can develop much more normally, and then by closing the lip her emotional development and her place in the community will be set as a normal child rather than as one who is treated abnormal."



Mercy Ships is the leader in using a growing fleet of hospital ships to deliver free world-class healthcare services to the poor. Founded in 1978 by Don and Deyon Stephens, Mercy Ships brings hope and healing to the poor in developing nations. Each year more than 2400 career and short-term volunteers serve with Mercy Ships.

Mercy Ships has three hospital ships and offices in 17 countries and has visited more than 500 ports in over 50 developing nations. Mercy Ships has performed more than 2 million services, with a value of \$250 million US.

These services include treating more than 300,000 people in village clinics, performing 18,000 surgeries, 110,000 dental treatments and completing close to 350 construction and agriculture projects, including schools, clinics, orphanages and water wells. Bringing hope and healing to the poor.

SPORTS REPORT

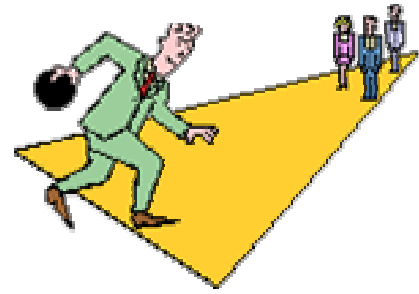
This is a busy time for us on the sports front.

We have entered five teams into the District Tenpin Bowling Competition, which is more than any other club in the District.

Three teams bowled on Sunday 20th March, Cheam Ladies (Anne, Kay, Chris and Deborah), Cheam Hotshots (Jean, Dhiren, Peter and Denise) and Cheam Eagles (Geoff, John, Steve and Michael Godliman).

The morning was a lot of fun which everyone seemed to enjoy. It was good to see Michael again and through his and Geoff's efforts and skill the Eagles may just scrap into the finals with 871 points.

The other two teams Cheam Allstars (Alan L, Alan B, Mike H and Steve) and Cheam Presidents Four (Julien, Ron, Marcel and Gordon) are bowling tomorrow Wednesday 23rd March. A report on how they did will be given at the next council meeting.



Alan Lewis and Hatim are still in the bridge competition and playing their next match early next week, whilst Marcel and I are playing our snooker heat this evening Tuesday 22nd March.

Finally several of us and some of our friends and/or work colleagues are supporting Wallington Rotary's Golf Day on Thursday 24th March 2005 at Coulsdon Manor.

MEMBERS SERVICE REPORT



WE ARE ORGANISING A TRIP TO SEE THE MATINEE PERFORMANCE OF CHICAGO ON SATURDAY 30th APRIL 2005

IF YOU ARE INTERESTING IN COMING PLEASE SPEAK TO STEPHEN AS SOON AS POSSIBLE

Fellow Rotarians

It's me again. Don't forget to keep these dates free and be available for:

Saturday 9th April
Day

Stroke Awareness

Tuesday 12th April

Raid to Jersey

Wednesday 20th April

Club Council

Saturday 30th April

Chicago Matinee

Friday 6th – Sunday 8th May

Sutton 6 Rotary Centenary Fair

Saturday 14th May

Cheam Charter Fair

Wednesday 18th May

Club Council

Monday 30th May

Cheam Fair

Wednesday 8th June

Kids Out

Sunday 12th June

Chucking Out Party

Wednesday 15th June

Club Council

Best wishes to you all

Alec



Community Service Report

YOUNG CARERS

You will be relieved to hear that we have found an alternative programme for the Young Carers this year where we will be funding a weekend at their National Conference this July in Gloucestershire. Our committee and council have agreed that we should fund it with some subject to my examination of the costing. There are a wide range of activities for the youngsters and they will have a chance to meet carers from all over the country for support and information. They will be camping out so we hope it will be a sunny weekend. Talking to Alan, his commitment is firm to fund raise for a Disneyland Europe trip for Young Carers in the next Rotary year so I hope that this will gain your active support.

ST HELIER

Our committee was pleased to see that our support for the infirm who wish to go to the Sunday service at St Helier Hospital Chapel has been revived and is going well. If you are not yet on the Rota and would like to be, then please let me know. You probably would only be called to serve one every two months. Time required 9.am -11.am..

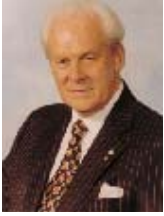
STROKE AWARENESS

Peter is organizing the Stroke Awareness Day . Peter, Dirham, Geoff and Jean will be there and they require a few more helpers. The event is in Sutton: Saturday 9th April. It is fair to say that your support for this event has saved lives of local people in the past and we hope will continue to do so in the future.

Cheam Charter Fayre will soon be upon us. On 14th May, we will be selling cakes and plants. Please provide a home made cake(s) wrapped hygienically in cling film. Help in manning the stalls will be needed from 8 a.m.

Cheam Fair is on Monday 30th May where we all have a “3 line whip” to attend and share out the many jobs which make the fair a success. We have early reports that there will be more stalls. Please be aware you need to find a sponsor. Without sponsors, if the day is wet, we will all lose money. Jeff has various schemes for raising some funds for a float to take us from year to year. He has some marmalade jars in which you can place your loose change. Please ask him for a jar.

Yes, it is getting busy now and we need you to place **Kids Out** in your Diary for Wednesday 8th June. This event is where our Rotary clubs take local children with special needs for a day out at Chessington World of adventures. The big adventure is for the Rotarians experiencing with the children all the fun of the fair.



To All Fellow Rotarians in District 1140
WELCOME TO THE CENTENARY YEAR
2004-2005



March has seen the culmination of much hard work over the past months. Delegates from all over the District gathered at Eastbourne for the `second-half` of our two one-day Conferences. As at Ascot, the programme was exciting, informative with much fun and fellowship. The encouraging attendance of 865 participants to these two events may be pointer for the future. That was the certain view of both the RI Representative and the RIBI President who were present. We shall see!

I am indebted to the Conference Team for their commitment and hard work over the past two years, and my own Club for their wonderful support. It was double the work, but double the pleasure! My thanks to you all.

Talking Conference, will you be going to Manchester for the RIBI Conference between the 14th-17th April? Why not check out the programme at www.rotary-ribi.org. It looks as exciting as ever. The 23 page supplement in the `Rotary` magazine contains the Annual Report and Accounts. It also mentions two diverse but important Resolutions. The first, to abolish child slavery throughout the world. The second, to increase the annual subscription by an additional £1.00 to £39.00 per annum.

This month has seen no let-up in our work with young people. The Youth Speaks District Final was held in the Municipal Offices of the Rushmoor Borough Council. It was a great event, resulting in wins for St. David's School in the Senior Class and Nonsuch High School for Girls in the Intermediate Class, sponsored respectively by the Rotary Clubs of Sutton Nonsuch and Shepperton Aurora.

Earlier in the week, the first ever District Final of the Young Chef Competition took place in the prestigious kitchens of the Farnborough College of Technology. The food preparations were of a very high order, with competitor Jamie Kuhl as overall winner. His joint sponsors were Woking District and Weybridge & West Byfleet.

Thanks to Youth Opportunities Chairman, Betty McClure and her Team, together with the sponsoring Clubs, for organising these very worthy events.

Still on Youth, have you visited a Life Education Centre? This venture has been running for several years now, and is seen by schools as an integral and vital part of their curriculum. The work carried out by the organisers and staff is truly outstanding, teaching young folk to value their bodies and to lead a healthy drug-free lifestyle. Financing this scheme is not easy. They urgently need money to continue their good work. If your Club is interested in supporting this worthy cause, either by making a contribution or by sponsorship, their Treasurer Rtn. Ian Wray ian@21cvr.fsnet.co.uk will be most pleased to hear from you.

Finally, back to that other vital subject - Membership. When visiting your Club last year I made a request for you to make a net gain of two members by the end of this Rotary Year. Some Clubs are reporting good results whilst others a finding this difficult to achieve. Although District Membership Services Chairman Keith Puckey has held two very successful seminars during the year, where many good ideas were discussed, I am firmly of the opinion that each and every member has a duty to promote membership. Just one new member by each Rotarian would not only stem the outward flow, but would substantially increase our overall membership. Impossible? I don't think so. With fifteen weeks left before the end of this Rotary year, you could still make a difference. Why not go for it?

`Nuf said for March. Enjoy your Rotary.

Dennis Avins



Can any one identify these Rotarians?. 2 Rotarians at the 100th Birthday bash asked me to take their picture but gave no information where to send it.

CHEZ SUMO RETURNS

Ingredients

2 tbsp extra virgin olive oil
1 onion, finely chopped
1 clove of garlic, finely chopped (optional)
1 tsp sea salt
180g/6oz arborio rice
375ml/13fl oz chicken stock or water
400g/14oz can chopped Roma (plum) tomatoes
1 x 185g tin tuna in spring water 3 courgettes, finely sliced freshly ground black pepper
2 tbsp finely chopped fresh flatleaf parsley
shavings of parmesan, to serve (optional)

Method

1. Preheat the oven to 200C/400F/Gas 6.
2. Heat a three-litre/five-and-a-quarter pint capacity ovenproof dish (with a lid) over a medium heat. Add the olive oil, onion, garlic and sea salt and stir for five minutes, or until the onion is soft and translucent.
3. Add the rice to the dish and stir for another minute.
4. Add the stock or water and the chopped tomatoes and bring to simmering point. Stir in the tuna and courgettes and season with black pepper.
5. Cover the dish, transfer to the oven and bake the risotto for 30 minutes, or until the rice is cooked.
6. Scatter parsley over the top, sprinkle with finely grated parmesan if desired, and serve, straight from the dish.



SUNDAY DUTY at ST. HELIER HOSPITAL

10th April : Jeff, Marcel & Gerry
24th April : Peter, Ron & Deborah
22nd May : Jill, Dirham & Alan

ROTARY CLUB OF CHEAM

STATEMENT OF ACCOUNT AS AT 15th MARCH 2005

Admin Account	2,321.15
50 Club	1,150.00
Benevolent Fund	144.02
Cheam Priory Day Centre	53.00
Community Services	315.11
Contact Club Expenses	928.00
District Govenors Charity	0.00
Golden Jubilee Fund	-269.67
International & Foundation Projects	673.14
International Service Account	277.56
Kids Out	73.01
Motor Neurone Disease	425.70
Rotary Foundation	1,900.44
Youth Activities	59.63
Cheam Fair Reserve Fund	94.50
Golf Day	0.00
Young Carer's	1,299.42
Xmas Meal	0.00
Xmas collections	0.00
Tsunami Appeal	0.00
Day Centre Ambulance Appeal	1,100.00
Tadworth Court	1,300.20
Eastbourne Conference	0.00
Mercy Ships	45.00

BALANCE £ 11,890.21

Club Meetings April 2005

	Event	Steward	Regalia
4th	Business	Kirby	Daniels
12 th	Club Meeting	Fox	Cunningham
19th	Club Meeting	Whitlock	Bone
26 th	AGM	Haizelden	Lewis